

# Help Us Raise Awareness of LIMB-GIRDLE MUSCULAR DYSTROPHY



Mark Your Calendar & Join Us For The  
7<sup>th</sup> ANNUAL LGMD AWARENESS DAY  
September 30, 2021

Visit Our Website: [LGMD-Info.org](http://LGMD-Info.org)

## “The Information Hub for the LGMD Community”

- ❖ **LGMD Foundations & Organizations:** Discover foundations & organizations that support LGMD specific research and services.
- ❖ **LGMD Resources:** Links to 60+ Facebook peer support groups, LGMD blogs, genetic testing programs and other LGMD related resources
- ❖ **LGMD Spotlight Interviews:** Individuals with LGMD share their “story” to help raise awareness of LGMD...Plus LGMD Researchers and LGMD Organizations
- ❖ **LGMD Awareness Day:** Discover ways to become an “LGMD Ambassador” and other ways to help raise awareness of LGMD within your community
- ❖ **And Much More!** [#TogetherWeAreStronger](#) [#LimeGreen4LGMD](#)

For More Information Contact Us: [info@LGMD-info.org](mailto:info@LGMD-info.org)

Follow us on social media [f](#) [t](#) [i](#) @LGMDawareness

LGMD Awareness Day is a project of the LGMD Awareness Foundation, Inc.  
a 501(c)(3) non-profit advocacy organization