



LGMD

AWARENESS FOUNDATION

Together We Are Stronger

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LGMD Awareness Day is a *project* of the
LGMD Awareness Foundation, Inc., a
501(c)(3) non-profit advocacy organization.



**A collaborative effort to globally raise awareness
of the rare neuromuscular diseases known as
limb-girdle muscular dystrophy (LGMD)**

LGMD-Info.org



@LgmdAwarenes

“Limb-Girdle Muscular Dystrophy Awareness Day”

Celebrated Worldwide on September 30th

Support LGMD Awareness Day!

For far too long, limb-girdle muscular dystrophy (LGMD) has been an orphaned rare disease that has not gotten the attention of researchers, health care providers or the general public, that it deserves. Even many patients living with LGMD have limited knowledge of their LGMD diagnosis and progressive disease process.

We invite everyone who has been diagnosed with LGMD, family members, health care professionals, researchers, drug developers, and public health organizations as well as any other group with an interest in LGMD to join together and help us increase awareness of these rare and progressive neuromuscular diseases.

By increasing awareness of and advocating for individuals living with limb-girdle muscular dystrophy, we hope individuals living with this progressive debilitating disease will have an easier time accessing diagnosis, care, and treatment around the world.

Where is Limb Girdle Muscular Dystrophy Awareness Day Held?

LGMD Awareness Day is celebrated and acknowledged annually on September 30th. People in all parts of the world organize activities to commemorate the day according to their customs.

The Information Hub of the LGMD Community:

LGMD-Info.org

Our focus is to provide curated educational information and resources for the LGMD community and public through our website, social media and at LGMD related events.

On-Going Initiatives:

Educational components:

- LGMD Facts
- Spotlight Interviews focused on
 - Individuals with LGMD
 - LGMD Researchers & Clinic Staff
 - LGMD Focused Organizations & Foundations



Call to Action Campaigns:

- “Lime Green for LGMD” Campaigns
- Proclamation Requests (from states and other governmental bodies)

LGMD Resources:

- Links to 65+ Online LGMD Related Support Groups
- Details of Upcoming LGMD Events
- LGMD Focused Organizations & Foundations
- International LGMD Genetic Testing Resources
- International LGMD Patient Registries
- Clinical Trials & Natural History Studies
- Plus, Much More

“Together We Are Stronger”